

A man with glasses and a light-colored button-down shirt is playing maracas. He has multiple semi-transparent clones of himself around him, each in a different pose, creating a sense of movement. The background is a soft, warm gradient with a large, faint circular pattern on the right. The entire image is framed by a dashed white border.

5 MOVEMENTS
are the key

Venezuelan maracas method

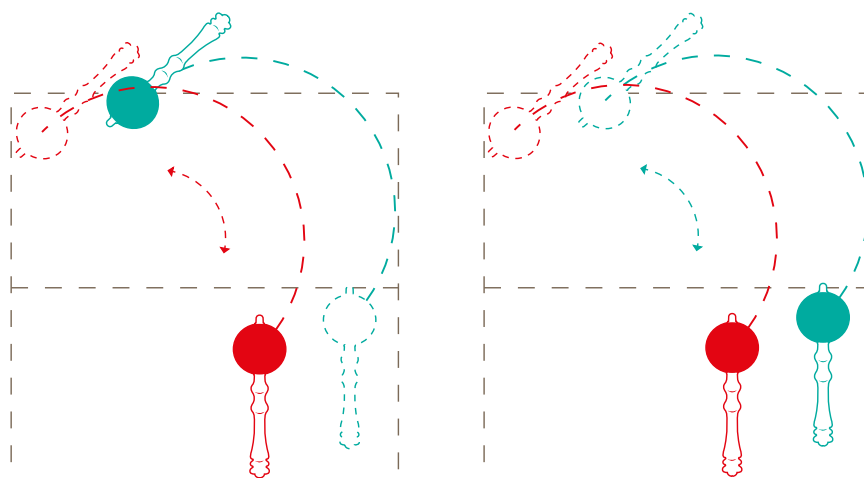
MANUEL
Alejandro
RANGEL

Manuel Rangel and his new Venezuelan Maracas Method

FIVE MOVEMENTS ARE THE KEY

The purpose of the workshop of Venezuelan maracas is to show in only five movements the traditional language of maracas. Subsequently, these movements transform into 25 basic combinations that allow students to work on independence with both hands, and to discover the true source from where all traditional Venezuelan rhythms come.

By mastering the 25 combinations students will be able to play Venezuelan music genres in 3/4 such as *Vals*, *Pasaje*, *Joropo Llanero*, *Joropo Oriental*, *Joropo Tuyero*, *Onda Nueva*; in 6/8 as the *Danza*, *Pajarillo*, *Joropo Oriental con Estribillo*, *Joropo Tuyero*, and in 5/8 as the Venezuelan *Merengue*.



MANUEL ALEJANDRO RANGEL

Venezuelan composer/guitarist/maracas player

- 2005 award-winner as the **Best Maracas Player** at *Festival de La Música Llanera El Silbón De Oro*. Portuguesa - Venezuela.
- 2008 award-winner - International Festival of *Villavicencio* - Colombia.
- Latin Grammy winner with the album *Tesoros De La Música Venezolana* (Treasures of Venezuelan music) by Ilan Chester.

Rangel has performed as a maracas soloist with the Symphony Orchestra Lara state and the National Philharmonic Orchestra in Venezuela, Tatuí Symphony Orchestra in Brazil, and most recently with the Symphony Orchestra *Simón Bolívar* premiering the Concert for Maracas and Orchestra *PATARUCO* by the regarded composer Ricardo Lorenz conducted by Christian Vazquez.

He is the author of the first Venezuelan maracas method, *5 Movements are the key*, and has taught Venezuelan maracas workshops at Tatuí Conservatory of Music - Brazil, Tomar Conservatory of Music - Portugal, National Conservatory of Lima - Peru, Berklee College Of Music - Boston, Michigan State University - MI, ESMUC Superior School of Music of Catalunya Barcelona - Spain, Bolívar Hall of London - UK and in the Palace of United Nations in Geneva.

Rangel released his first album *INSTINTO* in 2008 and is a member of the *Movida Acústica Urbana*, *Rock and MAU*, *Arcano*, *Kapicúa*, and *Los Sinvergüenzas*. He holds a bachelor of Classical Guitar from the Conservatory of Music Vicente Emilio Sojo – VE and is currently Professor of Maracas at the *Simón Bolívar* Conservatory, Caracas - Venezuela.



WORKSHOP'S CONTENT

CHAPTER I: 5 MOVEMENTS ARE THE KEY

I.1. Basic principle to know the maracas

- I.1.1. Gripping forms
- I.1.2. Margin of Movements
- I.1.3. Basic notions of notation

I.2. Movements

- I.2.1. MOVEMENT #1
- I.2.2. MOVEMENT #2 (*escobilla'o*)
- I.2.3. MOVEMENT #3 (continuous *escobilla'o*)
- I.2.4. MOVEMENT #4 (continuous *escobilla'o* 2)
- I.2.5. MOVEMENT #5

CHAPTER II: BASIC COMBINATIONS

- II.1. Combination #1-1
- II.2. Combination #1-2
- II.3. Combination #1-3
- II.4. Combination #1-4
- II.5. Combination #1-5
- II.6. Combination #2-1
- II.7. Combination #2-2
- II.8. Combination #2-3
- II.9. Combination #2-4
- II.10. Combination #2-5
- II.11. Combination #3-1
- II.12. Combination #3-2
- II.13. Combination #3-3
- II.14. Combination #3-4
- II.15. Combination #3-5
- II.16. Combination #4-1
- II.17. Combination #4-2
- II.18. Combination #4-3
- II.19. Combination #4-4
- II.20. Combination #4-5
- II.21. Combination #5-1
- II.22. Combination #5-2
- II.23. Combination #5-3
- II.24. Combination #5-4
- II.25. Combination #5-5

CHAPTER III: BASIC ACCOMPANIMENTS OF TRADITIONAL VENEZUELAN GENRES

III.1. Traditional Venezuelan rhythms in 3/4

- III.1.1. Venezuelan Waltz
- III.1.2. Llanero Passaggio
- III.1.3. Joropo Llanero
- III.1.4. Eastern Joropo
- III.1.5. Joropo Tuyero

III.2. Venezuelan traditional rhythms in 6/8

- III.2.1. Joropo Llanero (Seis por derecho)
- III.2.2. Eastern Joropo (Refrain)
- III.2.3. Joropo Tuyero
- III.2.4. Zuliana Dance

III.3. Venezuelan traditional rhythm in 5/8 (Venezuelan Merengue)

III.4. Venezuelan contemporary rhythm (New Wave)

CHAPTER IV: LINKS AND DIRECT CONNECTIONS OF BASIC RHYTHMS TO VARIATIONS OF ORNAMENTS

- IV.1. Links and connections in 3/4
- IV.2. Links and connections in 6/8
- IV.3. Links and connections of Merengue
- IV.4. Links and connections of New Wave

TECHNICAL REQUIEREMENTS

- Video Projector
- Screen
- Speakers
- Chairs (depending of the attendance)



EPK FIVE MOVEMENTS ARE THE KEY

<https://www.youtube.com/watch?v=LHF06fQueT4&t=39s>

PATARUCO CONCERT FOR MARACAS AND ORCHESTRA

<https://www.youtube.com/watch?v=XEArtrlWPzg&t=2s>

WEB PAGE

www.manuelmaracas.com